Good Dog

Tuna & Avocado Stack * – ko gfo 14 YELLOWFIN TUNA-FRESH AVOCA-DO-WONTON CHIPS-UNAGI

LETTUCE LEAF TACOS – K GF 13
HYDRO BIBB LETTUCE-BLACKENED GULF
SHRIMP-JIICAMA SLAW-CILANTRO LIME AIOLI

BLUE DOG SALAD – KO GF

ARUGULA-SPINACH-BLUEBERRY-STRAWBERRY-RED ONION-GOAT CHEESE-CANDIED PECAN-RASPBERRY VINAIGRETTE

ADD CHICKEN 3 / ADD SHRIMP-SALMON 5

CHARGRILLED BARBEQUE SALMON-GF KO PO 15 GLAZED SALMON-MARINATED BROCCOLI-NI- HOUSE MADE BARBEQUE SAUCE

GRILLED PORTABELLO STEAKS – VO GF 14 MARINATED PORTABELLO-AVOCADO CHI-MICHURRI-ROASTED ROOT VEGETABLES

VEGAN BLACK BEAN BURGER – V GF 14 HOMEMADE BLACK BEAN BURGER–VEGAN BUN–VEGAN AIOLI–SWEET POTATO CHIPS

* DIET OPTIONS

K -KETO KO - KETO OPTION
P - PALEO PO - PALEO OPTION
V - VEGAN
GF - GLUTEN-FREE OPTION

LUNCH MENU 10:30AM-CLOSE

Lunch Small Plates

BAKED BRIE WITH ROASTED BERRY COMPOTE 13
ROASTED BLUEBERRY-BRIE CHEESE-WALNUTS-CROSTINI

FRIED GREEN TOMATO STACK

BATTERED TOMATO-HOMEMADE BOURSIN STUFFING-RED PEPPER
COULS

SHRIMP CEVICHE * - GFO PO KO

GULF SHRIMP-LIME JUICE-AVOCADO-GLANTRO-WONTON
CHIPS

ROASTED TOMATO CAPRESE FLATBREAD – KO 14 CAULIFLOWER FLATBREAD-BURRATA CHEESE-HERB ROASTED TOMATO-BALSAMIC REDUCTION

MARINATED CHARGRILLED ARTICHOKES – 14
GF VO K P

WHOLE ARTICHOKE-OLIVE OIL-ROSEMARY-GARLIC AIOLI

HOUSE MADE LABNEH - GFO KO 14
ROASTED TOMATO-OLIVE TAPENADE-PISTACHIO PESTO-CROSTINI

BURRATA CAPRESE – GFO KO

BURRATA CHEESE-ROASTED TOMATO-BASIL RIBBONS
BALSAMIC REDUCTION

Lunch Sides

SWEET POTATO CHIPS GF V 4
ROASTED ROOT VEGETABLES GF V 5
CAULIFLOWER MASH GF K 4
MARINATED BROCCOLINI GF K V P 4
CHEDDAR CHEESE GRITS GF 4
COCONUT QUINOA GF 4

* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions



BLUE DOG BURGER * - GFO

GRASS-FED GROUND BEEF-BALSAMIC ONION-BLUE
CHEESE-SOURDOUGH BUN
ADD BACON \$1

COCHON DE LAIT

SMOKED COCHON PORK-JICAMA SLAW-GAMBINO'S
FRENCH BREAD

GRITS & SHRIMP *

CHEDDAR CHEESE GRIT CAKES-CLASSIC CREOLE GRIT

SAUCE-GULF SHRIMP-GREEN ONION

SMOKED SALMON BLT * - GFO

COLD SMOKED SALMON-BACON-LETTUCE-TOMATO-ROASTED GARLIC AIOLI

Waldorf Chicken Salad – GFO 13 Poached Chicken-Grape-Pecan-Greek Yogurt-ap-Ple-water Chestnut

MISO GLAZED SEARED TUNA * - GF KO 16 MISO GLAZED YELLOWFIN TUNA STEAK-COCONUT QUI-NOA-LIME

Kids Lunch (choice of side)

KIDS BLUE DOG BURGER – GFO 8
FRIED OR GRILLED CHICKEN TENDERS – GFO 7
GRILLED CHEESE SANDWICH 6
GRILLED FISH - GF 9
FRIED OR GRILLED SHRIMP – GFO 7

